<table>
<thead>
<tr>
<th>Definition of categories in the model</th>
<th>Characteristics of quality performance</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>SUBSTANCE AND SEQUENCE</strong> are the core aspects of a practical skill. It implies that necessary steps in the skill are included and performed in a logical order.</td>
<td>Substance and sequence are determined on the basis of content in clinical guidelines, professional standards and principles. Substance and sequence are adapted to the patient and the situation where the skill is being performed</td>
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</tbody>
</table>
| **ACCURACY** refers to exactness of each movement step, instruction and information. Accuracy is important in order to ensure security of patient, nurse and environment | Accuracy implies to act:  
• correctly  
• precisely |
| **FLUENCY** signifies that tempo and rhythm is adjusted to both the patient and the type of practical skill being performed, and that the practical skill is performed with smoothness | Fluency implies to act, inform and instruct:  
• without hesitancy  
• without unnecessary breaks  
• with ease |
| **INTEGRATION** signifies that all parallel aspects within the practical skill are harmonized. Integration also means that the practical skill, as a whole, is adjusted to the patient’s current condition and situation | Integration implies to:  
• time and coordinate the elements of action |
| **CARING COMPORTMENT** signifies to create an atmosphere where the patient’s dignity is upheld, self-determination is ensured according to the patient’s current condition and situation, and well-being is warranted | Caring comportment implies to:  
• acknowledge  
• show respect  
• ensure patient participation  
• be empathic  
• use appropriate touch  
• be engaged  
• use appropriate communication  
• work aesthetically |