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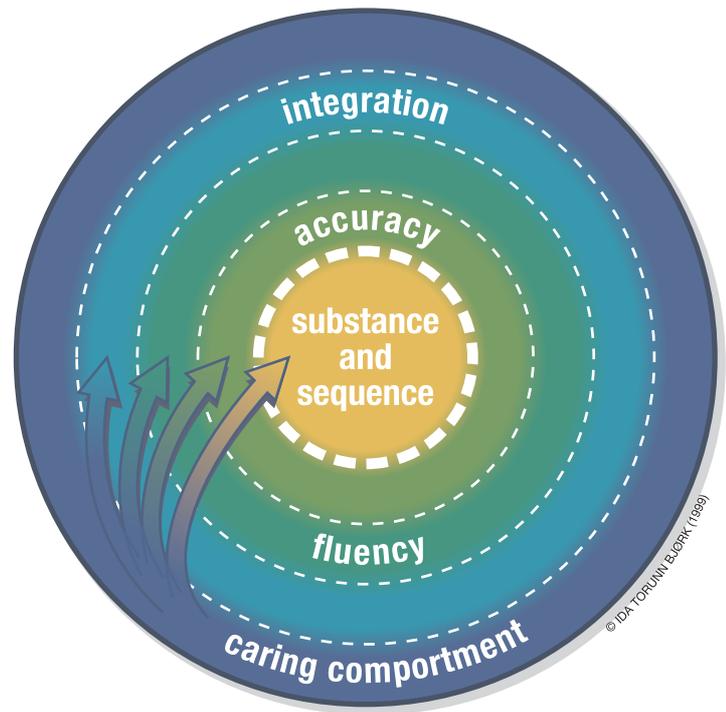
An instrumental version of the model was developed by the research group Research in Nursing Skills (RiNS) in 2009, with the intention of enhancing teaching and learning of practical skills within nursing. The Model illustrates the complexity inherent in practical skill performance and provides mutual concepts.

Practical skills in nursing are understood as complex actions that in addition to technical and manual aspects include collaboration with the patient, integration of the action in a wider context and caring for the patient in the actual situation. Examples of practical skills in nursing are assisted personal body care, wound dressing, catheterization, making a bed etc.

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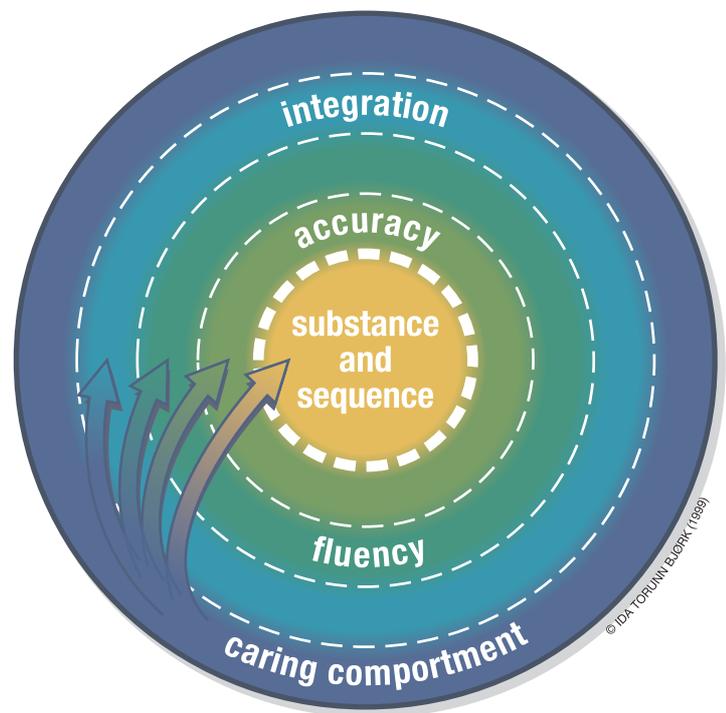
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Instrumental supplement to Model of Practical Skill Performance

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Definition of categories in the model

SUBSTANCE AND SEQUENCE are the core aspects of a practical skill. It implies that necessary steps in the skill are included and performed in a logical order.

ACCURACY refers to exactness of each movement step, instruction and information. Accuracy is important in order to ensure security of patient, nurse and environment

FLUENCY signifies that tempo and rhythm is adjusted to both the patient and the type of practical skill being performed, and that the practical skill is performed with smoothness

INTEGRATION signifies that all parallel aspects within the practical skill are harmonized
Integration also means that the practical skill, as a whole, is adjusted to the patient's current condition and situation

CARING COMPORIMENT signifies to create an atmosphere where the patient's dignity is upheld, self-determination is ensured according to the patient's current condition and situation, and well-being is warranted

Characteristics of quality performance

Substance and sequence are determined on the basis of content in clinical guidelines, professional standards and principles.
Substance and sequence are adapted to the patient and the situation where the skill is being performed

Accuracy implies to act:

- correctly
- precisely

Accuracy implies to inform and instruct:

- what is necessary and sufficient
- distinctly
- understandably

Fluency implies to act, inform and instruct:

- without hesitancy
- without unnecessary breaks
- with ease

Integration implies to:

- time and coordinate the elements of action

Integration related to adjustment implies to:

- be attentive
- have an overview
- be flexible

Caring comporiment implies to:

- acknowledge
- show respect
- ensure patient participation
- be empathic
- use appropriate touch
- be engaged
- use appropriate communication
- work aesthetically

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